

# LWRC 2017-18 Masters Winter Program Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Private Lessons</b> Time scheduled w/coach Coach Theresa Batty	<b>Private Lessons</b> Time scheduled w/coach Coach Theresa Batty	<b>Bad Ass Erg Class</b> <i>All Levels</i> 5:30-6:30 AM Coaches Evan Jacobs & Tyler Peterson (12/06-01/31)  <b>Private Lessons</b> Time scheduled w/coach Coach Theresa Batty	<b>Private Lessons</b> Time scheduled w/coach Coach Theresa Batty	<b>Private Lessons</b> Time scheduled w/coach Coach Theresa Batty	<b>Mixed Masters</b> <i>All Levels</i> 8:30-10:30 AM Coaches Amy Hildebrandt & Brooke McCulloch
	<b>Mixed Masters</b> <i>All Levels</i> 6:00-8:00 PM Coaches Amy Hildebrandt & Brooke McCulloch	<b>Evening League</b> <i>Intermediate to                      Advanced</i> 6:30-8:15 PM Coach Theresa Batty  <b>Evening Group Training</b> <i>All Levels</i> 6:30-7:30 PM Coach Amy Hildebrandt, CPT (01/04-02/27)	<b>Mixed Masters</b> <i>All Levels</i> 6:00-8:00 PM Coaches Amy Hildebrandt & Brooke McCulloch	<b>Evening League</b> <i>Intermediate to                      Advanced</i> 6:30-8:15 PM Coach Theresa Batty  <b>Evening Group Training</b> <i>All Levels</i> 6:30-7:30 PM Coach Amy Hildebrandt, CPT (01/04-02/27)		

**Classes run December 1<sup>st</sup> – February 28<sup>th</sup>**

**No classes December 21<sup>st</sup> – January 3<sup>rd</sup>**

- **Private Lessons** are available with Theresa Batty weekday mornings, scheduled with the coach. Purchase a lesson through MindBody and contact Theresa directly.