



Flip Test Waiver

LWRC requires all members who row independently (i.e., without a coach) to complete a flip test. In lieu of an LWRC-administered flip test, I hereby certify that I have previously passed a flip test and can successfully self-rescue from a flipped sculling boat. I understand that this waiver is temporary, and I will be required to take an LWRC-administered flip test once the opportunity to do so is available. I also understand that I must receive additional approval from a coach or captain to row independently in club boats.

Date: _____

Member signature: _____

Member printed name: _____